

## Gr. 6 Ski Trip 2010 Daily Schedule, Echigo-Yuzawa

### Wednesday, February 24

#### 6:45 AM –Meet at school

- 7:00 -Depart from A-JIS, Suginami campus
- 11:00 -Arrive at Sporea Yuzawa, Go to your room; unpack;
- 11:30 -Meet at 12th floor Lobby
- 11:40 -LUNCH about 30 min.
- 12:10 -Finish lunch; go to your room and prepare for afternoon ski
- 12:15 -Meet at 12th floor Lobby
- 12:30 -Depart from Sporea, Go to Yuzawa Ski Resort by a shuttle bus
- 1:00 -Fitting ski boots, skis, and ski poles
- 1:40 PM -Go to the slope by gondola
- 2:00 -Ski level tryouts + ski lessons start
- 4:00 -Finish ski lessons
- 4:20 -Return equipments and change the shoes
- 4:45 -Return to hotel by a shuttle bus
- 5:00 -Arrive at hotel; changing clothes; hang and dry clothes; freshen-up; take bath if you have time
- 5:50 -Meet at 12th floor Lobby
- 6:00 -DINNER
- 6:45 -Bath; free time; stay in your room
- 7:30 - Meet at 12th floor Lobby, Have an explanation for putting Futon
- 7:45 -Move to meeting place, Lodge fun activities + journal writing
- 10:00 -Back to rooms
- 10:30 -Room inspection + lights out

### Thursday, February 25

- 6:45 AM -Wake up; neatly arrange beds & personal things; prepare for the day
- 7:20 -BREAKFAST
- 8:00 - Meet at 12th floor Lobby, room inspection + prepare for ski
- 8:30 - Depart from Sporea, Go to Yuzawa Ski Resort by a shuttle bus
- 8:50 -Fitting ski boots, skis, and ski poles
- 9:20 -Go to the slope by gondola
- 9:30 -Ski lessons start
- 12:00 -Finish ski lessons
- 12:10 -LUNCH
- 1:00 PM -Ski lessons start
- 4:00 - Finish ski lessons
- 4:15 -Return equipments and change the shoes
- 4:45 -Return to hotel by a shuttle bus
- 5:00 -Arrive at hotel; changing clothes; hang and dry clothes; freshen-up; take bath if you have time
- 5:50 -Meet at 12th floor Lobby
- 6:00 -DINNER
- 6:45 -Bath; free time; stay in your room
- 7:30 - Meet at 12th floor Lobby , Move to meeting place, Lodge fun activities + journal writing
- 10:00 -Back to rooms
- 10:30 -Room inspection + lights out

## Friday, February 26

6:45 AM -Wake up; neatly arrange beds & personal things; prepare for the day  
7:20 -BREAKFAST  
8:00 - Meet at 12th floor Lobby, room inspection + prepare for ski  
8:30 - Depart from Sporea, Go to Yuzawa Ski Resort by a shuttle bus  
8:50 -Fitting ski boots, skis, and ski poles  
9:20 -Go to the slope by gondola  
9:30 -Ski lessons start  
12:00 -Finish ski lessons  
12:10 -LUNCH  
1:00 PM -Ski lessons start  
3:50 - Finish ski lessons  
4:15 -Return equipments and change the shoes  
4:45 -Return to hotel by a shuttle bus  
5:00 -Arrive at hotel; changing clothes; hang and dry clothes; freshen-up; take bath if you have time  
5:45 -Meet at 12th floor Lobby  
6:00 -DINNER  
6:45 -Bath; free time; stay in your room  
7:30 - Meet at 12th floor Lobby , Move to meeting place, Lodge fun activities + journal writing  
10:00 -Back to rooms  
10:30 -Room inspection + lights out

## Saturday, February 27

6:30 AM -Wake up; fix beds; do packing  
7:20 -BREAKFAST  
8:00 -Meet at 12th floor Lobby, Back to rooms; clean-up; final packing; check for anything left behind;  
Final room inspection bring luggage down  
9:10 -Bring luggage down  
9:20 -Depart from Sporea, Go to buy souvenir  
9:30 -Take a walk around Echigo-yuzawa Station  
10:30 -Depart from the station  
10:40 -Arrival at Sporea Get on the bus  
10:50 -Thanks + good-bye to Sporea,  
11:00 -Departure from Sporea  
12:30 -Lunch at a service area  
3:00 - 3:30 PM Arrive at AJIS (arrival time will depend on the traffic conditions)

- Once at school, students should help unload the bus, then bring all baggage to the playground area. A place near the playground gate will be designated as a baggage area until dismissal time.
- Only students whose parents are there to pick them up before dismissal time are allowed to leave campus.
- Students will be allowed to stay in the playground area until dismissal time.
- \* Students have to take the test seriously because it will be a part of your P.E. grade. Coaches and teachers will see how your ski skills are improved.

